



LEAD 'EM UP

Leon Thurston Jr.- Regional Coach

Developing People Into The Leaders Needed To WIN



LEON THURSTON

Is a nationally recognized trainer, educator and author, as well as CEO of his Personal Development School, University of Unstuck LLC.

Leon has spent the last five years serving teams across the country helping them become "Unstuck" - advancing them to reach their full potential and develop something special.

His work has ranged from partners at the D.C. Superior Court System, Bowie State University, local high schools and more.

His thousands of followers include celebrity musician Sierra & NFL Hall of Famer Deion Sanders who have been able to apply the principles revealed in his best seller book the, " The University of Unstuck- The Guide to Becoming Your Own Greatest Solution" which has scaled the social media charts with over 50,000 hits.

Leon serves as a Regional Coach for Lead 'Em Up in the DMV (DC, Maryland, Virginia) region.

"Your pace, your energy, your want. I like it!
Keep on keeping on. We need this now"

Deion "Prime Time" Sanders- Athlete, Analyst & Coach

Speaking Highlights

- Bell Multicultural High School - Columbia Heights - Graduation Commencement Speaker
- DC Superior Court System
- Good Counsel High School - Football Program
- Monumental Sports & Entertainment - Washington Valor
- Bowie State University
- 480 Cares - Athlete Wellness Summit
- Eric Thomas Endorsed Speaker
- Glazier Clinics - National Leadership Speaker
- University of Maryland
- Morgan State University
- Team Durant AAU
- Montgomery County Schools (Damascus, Watkins Mill, Gaithersburg)



TESTIMONIALS

"Lee's unique message to our student athletes about trusting the coaching staff and the process empowered our program to become state champions"

Andy Stefanell- Head Football Coach
Good Counsel High School - Maryland

"I've seen major strides in my students grades & attendance since Lee provided us with the Trackers. I love it!"

Tierra Templeton-English Educator-
Surrattsville High School- Maryland

"One of the greatest training we've had over the last seven years I've been here."

Ms. Kurnegay - Washington D.C. Courts

"I know exactly which principles I am going to use in my daily routine, thanks to Lee joining us today".

Garland Nixon- Fox 5 Broadcast Journalist- Radio Sputnik



2022 Commencement Speaker
Bell Multicultural High School

When the leader improves... everybody wins.

CONNECT

Personal

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