

# LEAD 'EM UP

## LEAD 'EM UP CLASSROOM

### 12 CURRICULUM PACING GUIDE - 2023/24

#### ✓ WELCOME

Day One - you will welcome all students by reviewing the Student Commitments, teaching the 9-Clap, sharing an overview of the program and casting a vision for the semester/year.

#### ✓ GREEN TEAM FRAMEWORK (VISION)

You will begin the program by taking the students through the Green Team Framework that'll cover six exercises and teaching concepts to set the foundation for the Lead 'Em Up program.

The Green Team Framework includes:

- Green Team (30-50 mins)
- Green Standards (30-50 mins)
- Green Awards (10-15 mins)
- Lifeguarding (30-50 mins)
- Red 40 Dash (20-40 mins)
- Same Page (30-50 mins)

Once the Green Team Framework is completed, you will move have fun with a transition activity before beginning Followership.

#### Transition Activity - Process (20-mins)

#### ✓ FOLLOWERSHIP

The Followership Series is a core teaching series in Lead 'Em Up and one we recommend teaching following the Green Team Framework.

The Followership Series includes:

- Followership (30-50 mins)
- Thank the Passer (20-30 mins)
- First Like (20-30 mins)
- Detective (30-50 mins)

Once the Followership Series is completed, you will have a fun transitional activity before moving forward

#### Transition Activity - Word Pop (30-mins) & Verification Ceremony

We recommend presenting the following three sections in the order representing the biggest need of your students.

#### ✓ RELATIONSHIPS

- S.T.O.R.Y. (30-50 mins)
- Going for the Gold (30-50 mins)

#### Transition Activity - Me-We-You (20-mins) & Verification Ceremony

#### ✓ COMMUNICATION

- Voice Activated (20-30 mins)
- Read Receipts (20-30 mins)
- Sugar & Salt (30-50 mins)

#### Transition Activity - Body Language Runway (25-mins) & Verification Ceremony

#### ✓ SELF-AWARENESS

- Thought Train (30-50 mins)
- SoundTrack (30-50 mins)

You have now completed all of the teaching exercises.

Before concluding the program spend time in review of each of the five teaching sections utilizing the Quiz Questions included in each exercise.

12